

NATIONALLY RECOGNISED COMPETENCY RIIOHS204A - Work Safely at Heights

OVERVIEW

This course offers a comprehensive introduction to Working Safely at Heights as defined by RIIOHS204A. Starting with a guide to Legislation, Regulations and the Standards governing working at height, the course takes participants through the selection and use of anchor points, harnesses and associated equipment, and the forces generated in falls.

This course also covers permitting and includes how to identify hazards, assess the risk and make necessary changes when raising a Working at Height Permit, identify and describe the responsibilities of accountable people on a permit, identify the currency and validity of a permit and manage the working at heights records.

The practical content of the course covers choosing and correctly fitting a harness, putting up a temporary lifeline and a basic introduction to knots, and gives the participants a chance to try on and hang in a harness, as well as operate a rapid response kit.

SAFERIGHT is a Registered Training Organisation (Provider Number 5722) and offers a range of courses in industrial safety. For more information on courses, please call our Training Department on 1800 352 335 or email training@saferight.com.au.

KEY OUTCOMES

DEFINITIONS:

- Legislation, Regulations and Standards
- Selection and use of PPE and anchor points
- Ground Clearance and the Pendulum Effect
- Forces Generated in Falls
- Correct Fitting of Full Body Harnesses
- Hierarchy of Control
- Raising and working within the parameters of a Working at Heights Permit

OTHER INFORMATION

DURATION: 1 Day (8.30am to 4.30pm)

LOCATION:

- Metropolitan and Remote Sites
- 33 Belmont Avenue, Belmont, Western Australia
- 42 Belmont Avenue, Belmont, Western Australia
- Lot 2 Stadium Road, Tom Price, Western Australia
- Unit 3, 605 Kingsford Smith Drive, Hamilton, QLD
- On-Site Customer Location

Note: If training is carried out on site, the client is responsible for travel and accommodation costs.

TRAINEE/INSTRUCTOR RATIO: Minimum 5:1 — Maximum 10:1

CLOTHING: Wear normal work clothing and safety boots. Please remove all jewellery prior to course.



Head Office
42 Belmont Avenue, Belmont, WA 6104
Telephone: (08) 9334 1000 Facsimile: (08) 9334 1001
Email: enquire@saferight.com.au

Queensland Office
Unit 3, 605 Kingsford Smith Drive, Hamilton, QLD, 4007
Telephone: (07) 3268 6900 Facsimile: (07) 3268 7288
Email: enquireqld@saferight.com.au

