

ADVANCED WORK SAFELY AT HEIGHTS

THIS COURSE PROVIDES PARTICIPANTS WITH ADVANCED TECHNIQUES WHEN WORKING AT HEIGHTS

OVERVIEW

This course provides participants with advanced techniques when working at heights. The practical aspects of the course cover work positioning techniques, rapid response training, advanced fall arrest techniques, temporary lifelines and fall restraint techniques.

PRE-REQUISITES SAFERIGHT recommends that participants attend a Work Safely at Heights Course (RIIOHS204A) prior to attending the Advanced Course.

SAFERIGHT is a Registered Training Organisation (Provider Number 5722) and offers a range of courses in industrial safety. For more information on courses, please call our Training Department on 1800 352 335 or email training@saferight.com.au.

KEY OUTCOMES

DEFINITIONS:

- Work Positioning Techniques - Use of Bosuns Chair
- Self Rescue/Contact Rescue
- Rapid Response
- Advanced Fall Arrest Techniques - Belay Techniques, use of Drop Lines and Rockers
- Set and use of Temporary Lifelines
- Fall Restraint Techniques

OTHER INFORMATION

DURATION: 1 Day (8.30 to 4.30pm)

LOCATIONS:

- Metropolitan and Remote Sites
- 33 Belmont Avenue, Belmont, Western Australia
- 42 Belmont Avenue, Belmont, Western Australia
- Lot 2 Stadium Road, Tom Price, Western Australia
- Unit 3, 605 Kingsford Smith Drive, Hamilton, QLD
- On-Site Customer Location

Note: If training is carried out on site, the client is responsible for travel and accommodation costs.

TRAINEE/INSTRUCTOR RATIO: Minimum 5:1 - Maximum 10:1

CLOTHING: Wear normal work clothing and safety boots. Please remove all jewellery prior to course.



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